

The competition is open to residents of United Kingdom only, excluding NFU employees, their families, agents or anyone else professionally connected with this promotion.

Participants must be 16 years or over.

All entries are verified and duplicate entries will be removed.

The NFU cannot acknowledge receipt of entry and no entries will be returned.

In order to enter, participants must like NFU Online on Facebook, follow @NFUtweets on Twitter or follow @NFUCountryside on Instagram in their entry.

Photos must be included in one post.

The prize of one of the five pairs of tickets to the BBC Good Food Show will be chosen at random in a prize draw conducted by the NFU communications team, whose decision is final.

The NFU is unable to return competition entries.

Entry to this competition is free.

Start date: Thursday 27 April 2017 at 00.01am.

Closing date: Wednesday 31 May 2017 00.01am.

By entering this competition, you agree that NFU is permitted to use any submitted photographs on any of their websites and for publicity materials without prior notice on NFU media, both in print and online, including social media.

A winner will be selected by Friday 2 June 2017 and will be notified through either Facebook, Twitter or Instagram.

The winner's name will be available on request and will also be publicised.

The winner agrees to take part in any post-promotion publicity.

The NFU retain copyright in any submitted entries.

The NFU reserves the right to amend these terms and conditions or to cancel, withdraw or amend the promotion at any stage, if deemed necessary in its opinion, or if circumstances arise outside its control.

The NFU does not accept responsibility for lost, delayed or fraudulent entries.

If the winner fails to respond to the notification message within 4 days of the email being sent to them, following the selection of the winner, the NFU reserve the right to offer the prize to a runner up, or to re-offer the prize in future promotions.

Privacy notice: the NFU is the Data Controller and will process and use all personal data supplied in accordance with the Data Protection Act 1998. For more information, please contact the NFU at our registered address.

The promotion is in no way sponsored, endorsed or administered by, or associated with, Instagram.

The promoter is the National Farmers Union, Agriculture House, Stoneleigh Park, Stoneleigh, Warwickshire, CV8 2TZ.

All entrants agree to be bound by these terms and conditions.

The promotion is subject to the laws of England.