

31 WAYS TO BACK BRITISH FARMING IN JANUARY



Start your New Year's Resolution off right. Follow our daily plan to back British farming this January.

 @nfuonline 28	 @nfuonline 29	 @nfucountryside 30	#backbritishfarming 31	GO FOR A NEW YEAR'S DAY WALK IN THE COUNTRYSIDE ★ New Year's Day 1	GET SOME TIPS ON TACKLING FOOD WASTE 2	MAKE A SUNDAY ROAST WITH THE BEST RED TRACTOR BEEF OR LAMB 3
SHARE YOUR BEST FARMLAND PHOTO ON INSTAGRAM AND TAG US 4	BUY SOME SEASONAL BRITISH FRUITS AND VEGETABLES 5	DO SOME BAKING TO CREATE A SHOW-STOPPER WITH THE BEST OF BRITISH INGREDIENTS 6	HEAD OVER TO OUR TWITTER TO LEARN ABOUT BRITAIN'S RARE LIVESTOCK BREEDS 7	TRY OUT A NEW BRITISH BEER, CIDER OR APPLE JUICE 8	SHARE THIS CALENDAR AND HELP KEEP YOUR FRIENDS AND FAMILY MOTIVATED THROUGH LOCKDOWN 9	BUY A LOCAL CHEESE 10
BUY OR ORDER FROM YOUR NEAREST FARM SHOP 11	TUNE INTO TAKEOVER TUESDAY ON OUR INSTAGRAM 12	KEEP YOURSELF WARM WITH A HEARTY BOWL OF SOUP USING BRITISH INGREDIENTS 13	SHARE A PHOTO OF A FARMED LANDSCAPE AT SUNRISE ON INSTAGRAM, AND TAG US 14	MAKE IT RED TRACTOR CHICKEN TONIGHT? 15	GET CRAFTING; TRY OUT A NEW KNITTING PATTERN USING BRITISH WOOL 16	MAKE BRITISH EGGS THE CENTREPIECE OF YOUR SUNDAY BREAKFAST 17
HAVE A VIRTUAL CATCHUP OVER A CUPPA WITH A SPLASH OF FRESH, BRITISH MILK 18	TEST YOUR BRITISH FOOD KNOWLEDGE WITH OUR QUIZ 19	SHARE A PHOTO OF A FARMED LANDSCAPE AT SUNSET ON INSTAGRAM, AND TAG US 20	JOIN THE "BACK BRITISH FARMING CAMPAIGNERS" FACEBOOK GROUP 21	MAKE YOUR OWN FAVOURITE FRIDAY TAKEAWAY USING BRITISH INGREDIENTS 22	KEEP THE KIDS ENTERTAINED WITH SOME FUN LOCKDOWN LEARNING 23	TREAT YOURSELF TO A BRITISH BACON SARNIE 24
BUY OR ORDER BRITISH MEAT FROM YOUR LOCAL BUTCHERS 25	TELL US WHY YOU #BACKBRITISH FARMING ON TWITTER 26	SHARE YOUR FAVOURITE PHOTO OF YOUR DOG IN THE COUNTRYSIDE ON INSTAGRAM, AND TAG US 27	TAKE A 3D FARM TOUR 28	VOTE FOR YOUR FAVOURITE #FEATUREFRIDAY PHOTO ON OUR INSTAGRAM 29	JOIN THE BACK BRITISH FARMING CAMPAIGN 30	YOU MADE IT THROUGH JANUARY. TREAT YOURSELF TO BRITISH SPARKLING FIZZ 31