

FARMERS! JUST A QUICK HEADS UP.

Before you head out on the farm, check the power lines above you.

Look out, look up,
look after yourself.



We're SSEN Distribution – the company that operates your local electricity network – and we want you to stay safe whenever you're working near our equipment.

Safety tips for when you're working near the electricity network:

- Before you start work - always check for power lines above you - 'Look out, look up, look after yourself'
- Keep clear - always stay at least 10 metres away from our wooden poles and metal pylons
- If your farm machinery hits a power line - stay in the cab (if safe to do so), **call 105** and ask us to disconnect the supply. Even if the line appears to be dead, don't touch it, it may still be live or automatic switching may be in the process of turning it back on
- If you need to exit the machinery - don't climb out in the usual way – jump out as far as possible **without** touching the line or the machinery, and don't touch any part of the machinery when on the ground
- Do not return to the machinery and warn others to stay away until one of our team confirms that it is safe to do so

CONTACT DETAILS



Urgent help / report a fault

Call 105



Power Track app

powertrack.ssen.co.uk



General enquiries / advice

0800 048 3516



Our website

ssen.co.uk/farmsafety



Use your smartphone to scan the QR code

IF YOUR VEHICLE HITS A POWER LINE:
STAY IN THE CAB IF SAFE
CALL 105
WAIT FOR HELP



Scottish & Southern
Electricity Networks