

# WHAT'S GROWING IN MY FIELD?

BRITISH FARMERS ARE PROUD TO CARE FOR THIS LANDSCAPE FOR US ALL TO ENJOY

This is a field of  
**POTATOES**

Potatoes are a starchy carbohydrate, meaning they are a good source of energy.



Keep your eyes peeled!

Make sure to look for the Union Jack when buying your potatoes.

Hey spud, did you know?

British potatoes are available throughout the year, meaning you can enjoy chips, mash, roasties or jackets every day!



Scan with your phone camera for fun factoids

